



Academy Daily Schedule

MONDAY – FRIDAY

0600 – Reveille (Wake Up)

0700-0745 – Physical Education or Physical Training Activities

0800-0835 – 1st Mess (Breakfast) and Preparation for School

0845 – School Call Formation

0900-1135 – Morning Academic Classes

1135-1235 – 2nd Mess (Lunch)

1235-1515 – Afternoon Academic Classes

1530-1730 – Athletics, Intramurals, and Club Time

1745-1845– 3rd Mess (Dinner)

1930-2130 – Study Hall and Quiet Hours

2130 – 2230 – Personal Hygiene

2230 – Taps (Light Out)

Academy Sports Offered*

FALL SPORTS

Varsity Football
Varsity Soccer
Cross Country

WINTER SPORTS

Varsity Basketball
Swimming

SPRING SPORTS

Varsity Baseball
Varsity Lacrosse
Varsity Track & Field

*All sports are subject to availability for SY 2022-2023 due to on-going COVID restrictions